

Installation Of Vibration Resonance Therapy (VRT)

You will need:

- Phillips screwdriver or battery drill

Parts list:

Transducers (x2) • Amplifier

Remote control
Power supply
Remote receiver cable
Remote receiver cable
Remote receiver cable
Remote receiver cable

- **1.** Placing the bench on a sturdy work surface, position the VRT transducers on the bottom of the sauna bench (the flat, non-ergonomic side) about a third of the way from the side edges.
- **2.** Be careful to position the transducers so that the screw holes are positioned over a wooden slat, and not above any gaps.
- **3.** After successfully positioning the transducers, drive the mounting screws into the wood. The wood is very soft, so this is easily done.





4. Mount the amplifier on the centre of the back wall, under the bench.



5. Plug the RCA to mini pin cable (red + black) into the amplifier. Plug the 3.5mm jack into the black socket on your sauna wall. Then plug the transformer into the power socket on your sauna wall.



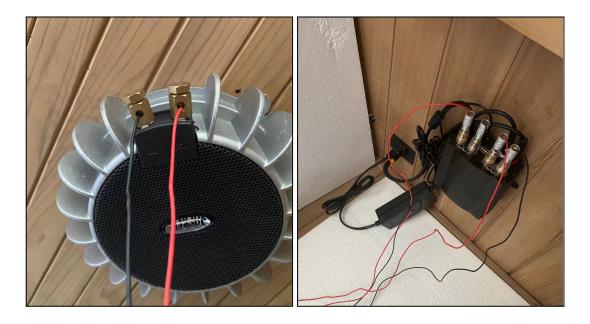




6. Plug the remote receiver cable into the amplifier - drape over the under-bench heater



7. Connect the red and black wires (2 sets) to the amplifier and VRT transducers.



8. Slide the bench back into place. Make sure that the transducers do not hit the lower support part of the bench



9. Use the remote control to adjust the volume, bass and treble, and switch on/off the amplifier.



Sit back and relax and enjoy your Vibrational Resonance Therapy system!