

Installation of Vibration Resonance Therapy (VRT)

You will need:

- Phillips screwdriver or battery drill

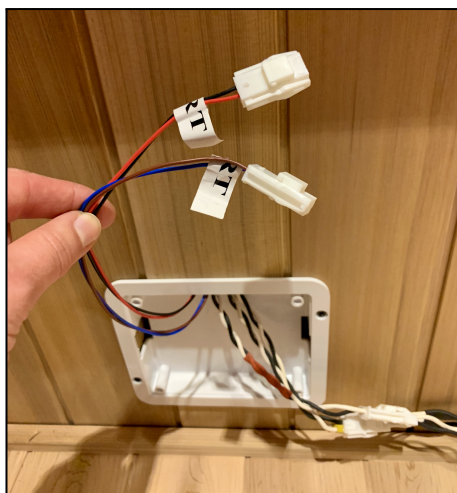
Part list:

- 2 VRT speakers incl. connection wires and connectors
1. First of all, check the cable connections on the VRT units. The red cable is connected to the positive pole, the black cable to the negative pole.
 2. Position the VRT speakers on the bottom of the sauna bench (the flat, non-ergonomic side) about a third of the way from the edge.
 3. The screw holes should not be placed in a gap, but centrally on a wooden slat.
 4. After successful positioning, screw the screws into the wood. The wood is very soft, so this is easily done.



5. Place the bench back into the sauna.
6. Plug the connectors of the VRT speakers into the connectors provided under the bench (these are labelled with a VRT sticker).

7. Slide the bench back into place. Make sure that the speakers do not hit the lower support part of the bench.
8. To turn on the VRT system, flip the toggle switch on the ceiling next to the speakers. This allows you to switch between sound from the audio speakers and the vibrational speakers.



You can operate the VRT using the Bluetooth or Aux connection already installed in your sauna. You cannot have both the audio speakers located in the ceiling and the VRT speakers under the bench on at the same time.

Remember, the VRT is designed to be therapeutic and is vibration therapy. When the VRT is active, the bench will turn into the speaker to allow you to hear the audio. The audio quality will be dampened as the bench provides the audio.

Sit back and relax and enjoy your Vibrational Resonance Therapy system.