

### How to Exchange an FS Heater Bulb

#### You will need:

- Phillips screwdriver
- Gloves
- Gloves recommended - replacing bulbs

#### Important - Please disconnect the sauna from the power supply

1. Remove the full spectrum heater from the sauna by unplugging it from the socket, and using fingers or pliers to gently unscrew anticlockwise the heater bolts attached to the door. Be careful to ensure the heater does not drop (a second person here is useful!).
2. Take it off the plug.
3. Place the heater with the metal side on a clean and even surface. Place something underneath the heater to protect the surface of whatever you place it on.
4. Loosen the 4 screws in the corners of the cover and pull it off in an upwards movement.



5. Carefully remove the bulbs from their anchorage, disconnect the white Molex connection at the bottom of the heater and pull the white cables through the hole.
6. Dispose of the defective bulbs.



7. Carefully place the new bulbs into the anchorage.
8. Pull the two white cable ends through the hole.

9. Plug the white cables into the connector supplied and snap them into place.



10. Replace the cover on the heater and screw back into place.
11. Put the plug back into the socket.
12. If you are checking an Add-On heater that is attached to the door, activate the heater with the appropriate key combinations.
13. Reconnect the sauna and after successful installation, the heater should now light up red.
14. Enjoy your next sauna session.