

How to Apply Interior No-VOC (Volatile Organic Compounds) Varnish

No-Voc Varnish requires a two coat process

****This first step does NOT apply to new saunas****

1. Lightly sand the bench, floor and wood heater guards using 150 grit sandpaper. Just a light, quick sanding is all it needs. If there are any stains, you may want to give that area a little more attention before varnishing. (Please note, we do not recommend varnishing heavily-stained wood, as perspiration can reappear through the varnish leaving undesirable, patchy blemishes.)

2. Apply the varnish to the bench, floor and heater guards using a brush.

3. Run the sauna for 2 hours at full temperature.

4. Lightly sand the sauna using the 150 grit sandpaper.

5. Reapply the varnish.

6. Run the sauna one more time for 2 hours at full temperature. The varnish will last approximately five years and will give the wood protection from sweat stains and general wear and tear, making cleaning easier and prolonging the life of your wooden interior.

